



ARTEMIS AQUATICS SWIM CLUB

WINTER HOLIDAYS TRAINING SCHEDULE 2024

WEEK 1	Mon 24th June	Tue 24th June	Wed 25th June	Thu 27th June	Fri 28th June	Sat 29th June
6.00am - 8.00am	Performance Senior Performance Junior Development Artemis Pool	Performance Senior Performance Junior Artemis Pool	Performance Senior Performance Junior Development Artemis Pool	Performance Senior Performance Junior Artemis Pool	Performance Senior Performance Junior Development Artemis Pool	
PM						
WEEK 2	Mon 1st July	Tue 2nd July	Wed 3rd July	Thu 4th July	Fri 5th July	Sat 6th July
7.00am - 9.00am	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	
PM						
WEEK 3	Mon 8st July	Tue 9th July	Wed 10th July	Thu 11th July	Fri 12th July	Sat 13th July
7.00am - 9.00am	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	Performance Senior Performance Junior Development Richmond Recreation Centre	
PM	<p>Term 3 Training Schedule Begins on Tuesday the 16th of July</p> <p>*No Training on Monday the 15th of July</p>					